

UnLtd*

Welcome to the January 2012 edition of UnLtd Wales E-Bulletin. These bulletins have been created to provide you with useful information and tips as well as information on forthcoming events. This bulletin will also provide a 'stage' for your projects, thoughts and comments, a chance for you to share your successes and ideas with others.

If you do not wish to receive further issues of this bulletin, please email us by receipt to melissawilliams@unltd.org.uk and type 'unsubscribe me' in the subject line.

The Wales Awards Team would like to take this opportunity to wish you all a very Happy New Year!



Your Chance to Shine! - Regional activities taking place around Wales with projects currently in operation by UnLtd Wales, Awardees;



LEARN WITH GRANDMA CYF.

INVITE YOU TO AN INFORMATION SEMINAR

On The Learn with Grandma Concept of:

INTER-GENERATIONAL LEARNING AND SKILLS EXCHANGE

FOLLOWED BY AN EVENING RECEPTION

AT THE PIERHEAD BUILDING, Cardiff Bay, Cardiff, CF99 1NA

On February 29 3-8 pm

Sponsored by:

Rhodri Glyn Thomas AM & Peter Black AM

TO LAUNCH www.learnwithgrandma.org and our **Granny SOS Card**

Patrons:

Peter Black AM *The Right Reverend Wyn Evans, Bishop of St Davids'*: **Daphne Fowler** (*of Eggheads fame*)
Cllr Meryl Gravell (*Leader of Carmarthenshire County Council*): **Menna Trussler** (*Actress & grandma, "Pobol y cwm", "Jam & Jerusalem"*): **Professor Sugata Mitra** (*Professor of Educational Technology, Newcastle*) :
Rhodri Morgun (*retired Leader of The Welsh Assembly Government*):

RSVP:

Learn with Grandma Cyf

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Llandovery SA20 0JE

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Val Wood-Gaiger - UnLtd Wales, Level 1 Award Winner



LLANGATTOCK GREEN VALLEYS NEWSLETTER

Issue 23 - January 2012

First of all, a belated Happy New Year to you all! Our big news this month is that we have applied for a £121,000 share of the Government's **Local Energy Assessment Fund (LEAF)**. This £10m fund has been set up to help communities develop local energy projects and we'll know next week whether we've been successful. If we have, the coming weeks are going to be very busy indeed, because the Fund stipulates that all projects must be completed by the end of March. Our application covers off a raft of exciting opportunities for local homes and community buildings – see the **Residential** and **Community Buildings** sections below for a taste of what's in the pipeline.

MEMBERSHIP - LGV's membership now stands at 219 people. If you haven't already joined, call 07985 564 188 or download the membership form at www.llangattockgreenvalleys.org and follow the instructions.

COMMUNITY ENHANCEMENT - 2011 was a fantastic year for our litter pickers, with 79 tyres and just over 350 bags (541kg) of litter collected across the year by a total of 25 volunteers. Together this dedicated team clocked up 540 volunteer hours and covered just over 1,273 miles of road and canalside verge. Plus we began separating the collections for recycling in July, with the result that, on average, less than 20% now goes to landfill. In addition, the group is now able to cover its costs thanks to an agreement with the Beaufort Estate. But the best news is that since our first community litter pick in November 2009, there's been a 50% reduction in the amount of litter being dropped each month in the Llangattock area. So there really is method in the madness! **Next litter pick:** Saturday, 4 February, meeting at 9.30am by the playing fields on Park Drive.

RESIDENTIAL - If LGV is successful with its application to LEAF, we'll be looking for **100 homes** to take part in an exciting **free** project based on voltage optimisation. VO technology works by reducing and stabilising the voltage coming into your home. The fit-and-forget unit reduces energy consumption by around 10% at a stroke, without you having to make any other changes, and can save you around £150 a year on energy bills (based on average energy use for a 4-person household in a 3-bed semi). To pre-register

your interest, email leaf@llangattockgreenvalleys.org or call free on 0800 206 1915 (Mon-Fri 9am-5pm).



The [Voltis Home](#) voltage optimisation unit can reduce domestic energy consumption by 10%

COMMUNITY BUILDINGS - Plans for LEAF include helping the Community Hall, Llangattock and Llangynidr Primary Schools and Crickhowell High School become more energy efficient, with a £71,000 bundle of projects ranging from voltage optimisation, energy-efficient lighting and insulation improvements through to simple but effective thermal curtain linings.

WOODLANDS - Thanks to the hard work and commitment of our growing band of volunteers, the woodland group continues to go from strength to strength. 2011 was an important year for us as we made a big step towards sustainability by starting to sell our firewood locally. We also ran two very enjoyable public events - a Sunday Stroll & Sausage Sizzle in May, and a Woodland Family Fun Day in August. Both were very well attended and we plan to make these a regular part of the village calendar. For 2012, we're hoping to build on this success with a paid volunteer coordinator (pending funding approval from Environment Wales). This will strengthen the group further, providing valuable training and support for our dedicated volunteers and ensuring we make the most of the woodlands we manage.



2011's Fun Day and Sunday Stroll were a big success for the woodland group

MICRO-ENERGY GENERATION - It's taken a lot longer than expected but we are very nearly there on the legal agreements for the 5 micro-hydro schemes planned for Llangattock. Next step: planning and permitting!

COMMUNITY-SCALE ENERGY GENERATION - Following this week's meeting with the Welsh Government to discuss funding mechanisms for the working-up stage of the **Anaerobic Digestion facility**

proposal, we're obtaining quotes to set up a joint-venture vehicle with the Glanusk Estate. Once this is in place, we'll be in a position to appoint the project team and board.

If you'd like to see your photographs in the next newsletter send them to:

admin@llangattockgreenvalleys.org

For more information on all our activities visit www.llangattockgreenvalleys.org

Michael Butterfield - UnLtd Wales, Level 1 Award Winner



Funding Opportunities

New energy efficiency funding announced

The Department of Energy and Climate Change has launched a £30 million investment in community green schemes and public sector energy efficiency. The funding takes the form of a new £10 million [Local Energy Assessment Fund](#) (LEAF) launched to help local communities develop energy projects with an additional £20 million in loans for energy efficiency in schools, universities, hospitals, local authorities and other public sector buildings. The LEAF, managed by a number of community networks and administered by the Energy Saving Trust, will be run as a competition, with the chance for around 200 community organisations to get to grips with energy efficiency and renewable energy generation. Organisations including parish councils, voluntary organisations, development trusts and faith groups are all eligible to apply. The closing date for applications is 20 January at 12 noon.

(Source: Grantfinder Newsflash, 7/12/11)

Managing Money Better

Comic Relief has launched a new grants programme: Managing Money Better. The programme is particularly focused on addressing the many ways in which people over 65 are often disadvantaged due to complexities in understanding financial matters, are often exposed to the dangers of financial abuse, and the difficulties involved in making ends meet while coping with rising prices. The programme will be open for applications from 16 January 2012, with a closing date of 17 February. There will also be a second cycle in April 2012. If you would like to discuss the programme, please contact anyone in the Older People grants team on 0207 820 2000 or visit www.comicrelief.com.

Sharing Treasures

Following a review, the Welsh Government has re-opened the [Sharing Treasures](#) scheme. CyMAL and the Heritage Lottery Fund (HLF) are working together to run the scheme. The Sharing Treasures scheme was set up with the following aims: to assist local museums, archives and libraries across Wales to establish partnerships with national institutions; to facilitate the loan of items from national collections; to deliver a range of exhibitions and other services from the national institution at a local level. Projects seeking funding through the scheme should address all of these aims. The closing date for receipt of applications is 31 March 2012.

(Source: Grantfinder Weekly Update Bulletin, 21/12/11)

Wales Africa Community links grants

The winter 2012 grants round is open, with an application deadline of 27 January 2012.

- [Link Development Grants](#) of £1,000 (startup & learning), £2,000 (partnership building) or £3,000 (project development); funded by the Welsh Government Wales for Africa scheme.
- [Forestry Project Grants](#) of up to £4,000 specifically for tree conservation activities, funded by the Waterloo Foundation as part of the ['Size of Wales'](#) initiative.

This is the last funding round for the 2011-12 financial year, and as WACL are awaiting confirmation of funding levels for next year, links are *strongly* encouraged to submit applications to this grant round.

Wales4Africa health links grant scheme

The Welsh Government is pleased to offer grant funding for health links with sub-Saharan Africa during 2012-13/2012-15. The purpose of the scheme is to support the professional development of staff through their participation in health links with a sub-Saharan African territory. For NHS staff this can be part of their Continuing Professional Development. This grant scheme can support either work to develop a new link or work being taken forward by an ongoing health link. Criteria for applying and the application form can be found on the Welsh Government website, please follow the link below:

<http://wales.gov.uk/topics/sustainabledevelopment/intdevelopment/walesforafrica/wafricagrantscheme/?lang=en>.

The scheme is open until 5 March 2012.

Wales Economic Growth Fund

The Welsh Government has launched a new £15 million programme, the [Wales Economic Growth Fund](#), designed to help businesses through the prevailing economic downturn. The initiative is a short-term, fast-track fund for Welsh businesses, providing immediate access to non-repayable capital funding for investments that will create and retain employment opportunities. A total of £15 million is available through the programme. The minimum funding level is £100,000. The deadline for receipt of applications is 31 January 2012.

(Source: Grantfinder Weekly Update Bulletin, 21/12/11)

Grants for War Memorials

The War Memorials Trust manages a number of national schemes to repair and conserve war memorials related to any conflict. There are three schemes that between them cover the UK.

Overall, the Trust is able to support the following: conservation; like-for-like repair; structural repair and stabilisation; replacing lost parts of a memorial that are integral to its design; in some cases, the addition of new names to old memorials; professional condition surveys and structural reports. Grants are only available for **existing** memorials, and repair and conservation work must be in keeping with the original style and design of the memorial.

Small Grants Scheme

In general, this scheme covers all war memorials in the UK over 15 years old. However, work to memorials less than 15 years old is eligible where the damage being repaired is due to vandalism. Grants can cover up to 50% of eligible costs to a maximum of £2,500.

Full guidance notes are available at www.warmemorials.org/uploads/publications/193.pdf. Applications must begin with an Expression of Interest form available for download at www.warmemorials.org/small-grants-scheme/. Applications are accepted at any time.

(Source: fundinginformation.org, 14/12/11)

Awards

Civil Society - Charity Awards

The [Charity Awards](#) recognise and celebrate excellence in the leadership and management of charities across the UK. UK charities of any size are eligible to apply under a number of broad categories of activity, as follows: advice, support and advocacy; arts, culture and heritage; children and youth; disability; education and training; environment and conservation; grantmaking and funding; healthcare and medical research; international aid and development; social care and welfare. The deadline for applications is 9 March 2012.

(Source: Grantfinder Newsflash, 5/12/11)

Community buying challenge launched

A £60,000 initiative has been launched by the Department for Business, Innovation and Skills (BIS) and Co-operatives UK to promote community buying models. Community buying involves groups of individuals combining their buying power to purchase goods or services together and get better deals from shops and other suppliers. The competition is open to groups and organisations within the public, voluntary or business sectors. Awards will be made to support training, mentoring and seed funding for stand out projects, with a £15,000 prize available for an overall winner. The prize fund opens this month. Interested applicants can register for information [here](#).

Leading Wales Awards

The [Leading Wales Awards](#) recognise and celebrate personal achievement in outstanding leadership and management, which helps to drive the growth of the Welsh economy. Championing and influencing leadership development, the programme rewards individuals at all levels whose efforts have resulted in positive outcomes for their project, business or community. Entrants from companies of all sizes, voluntary and not-for-profit groups, public sector organisations, partnerships, team leaders and young leaders aged 16-25 are welcome. The deadline for nominations is 9 March 2012.

(Source: Grantfinder Newsflash, 9/1/12)

Internship & bursary

Action! 2012

Action! is an internship and bursary support programme provided by [Working Title Films](#) - the UK's leading film production company, based in London. The programme includes a full-time intern placement and bursary award to give individuals vital experience and exposure through working in an international production company. The bursary award is £14,000. Reasonable, pre-approved travel expenses to and from London for the selection process will also be reimbursed. The deadline for receipt of applications is 17 February 2012 at 5pm.

(Source: Grantfinder Weekly Update Bulletin, 21/12/11)



Training

Effective supervision

24 & 25 January 2012, Llandrindod Wells

If you manage staff, whether one or more, these two days will show you the benefits of effective supervision and give you tools for improving individual's and team's performance, accountability, motivation, task setting, monitoring and evaluation, feedback, innovation and continuous professional development. For further information email info@llawynllaw.co.uk or call 01597 829678.

Cylch Reuse Days 2012

1 February 2012, Crest Co-operative, Llandudno

2 February 2012, Track 2000, Cardiff

Over 10% of building materials are thrown away and over 10% of the UK's carbon footprint is due to construction products. Cylch's Reuse Days 2012 will examine how social enterprise could be bridging the gap of what is not yet being reused in the UK. Find out how scaling up reuse could play a key role in creating new green jobs to grow the local economy, whilst rebuilding our communities, sustainably, at the same time. Further details are available from Kelly Gee, email Kelly.gee@cylch.org.uk, tel 029 2051 9000.

Developing emotional resilience: an introduction to mindfulness

27 & 28 February 2012, South Wales

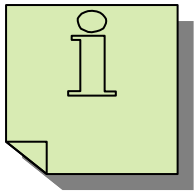
Many people find it hard to cope with the pressures of modern living. Every day, a quarter of a million people miss work because of stress, with 75 per cent of all illnesses thought to be stress-related. This course will help you pay attention to the present moment, using interactive techniques. It helps us become more aware of our thoughts and feelings so that instead of being overwhelmed by them, we're better able to manage them. Practicing mindfulness can give people more insight into their emotions, boost their attention and concentration and improve relationships. For further information or to book your place, please contact enquiries@cymorthcymru.org.uk

Creating a coaching and mentoring culture in the workplace

27 March, 24 April, 22 May, 19 June, 24 July, 21 August & 18 September 2012

ILM Level 5 - Certificate in Coaching and Mentoring for Managers

The Institute of Leadership and Management's latest survey reveals that a large majority of UK employers are now using coaching and mentoring to develop their staff. So why not ensure that your managers are managing and developing a motivated, efficient, effective and high performing workforce? The Coaching and Mentoring Programme is designed for practicing managers (new and experienced) and will provide the knowledge, skills and confidence to become effective coaches and mentors within their work role. The Level 5 Certificate is accredited by the Institute of Leadership and Management and will run over seven one day workshops. For further information email info@llawynllaw.co.uk or call 01597 829678.



General

Business mentoring project

Business in the Community (BITC) is working in partnership with The Wales Co-operative Centre to deliver a business mentoring project for social enterprises in Wales. The project will provide social enterprises with a business mentor to enhance their knowledge and support them to build a more sustainable business. To find out how you can benefit please contact: Jill Salter, Operations Manager, BITC on 07793 443893 or email jill.salter@bitc.org.uk

Charities Act 2011 gets Royal Assent

The new law that consolidates all charity legislation for England and Wales received Royal Assent on 15 December 2011. The 2011 Act will come into force in three months and the previous legislation will then be repealed.

(Source: Civil Society e-News, 16/12/11)

The dynamics between charity chair and CEO

Based on in-depth interviews with chairs and chief executives in a variety of organisations by a fellow of the Clore Social Leadership programme, *A marriage made in heaven?* The relationship between Chairs and Chief Executives in charities' gives an analysis of the dynamics of the most critical relationship in charities. Available via <http://www.cloresocialleadership.org.uk/penelope-gibbs>
(Source: NCVO leadership bulletin)

Home-collection charity clothes recycling scheme

From this month supporters can donate their unwanted clothes to any UK charity and have the items collected from their home. Click Collection offers a complete service, collecting clothes free from a supporter's home by appointment, then cleaning and selling them online. Further details are available from david@clickcollection.co.uk

(Source: UK Fundraising Weekly, 22/12/11)

Government changes law to allow charities to join credit unions

Charities, social enterprises and community groups will be able to join a credit union from 8 January under changes made to the Credit Unions Act 1979. Previously, only individuals were able to be members of credit unions and use the financial services they provide. However, last November, a Legislative Reform Order was passed by Parliament, under the Credit Unions Act 1979. The new rules mean that, for the first time, credit unions will be able to offer services directly to charities, social enterprises and community groups, allowing credit unions to compete more effectively with banks and other lenders to provide fair and affordable financial services.

(Source: Civil Society e-news, 4/1/12)

Interim Commission guidance on charity public benefit

The Charity Commission has provided an update for charity trustees on its guidance on public benefit following the recent decision of the Upper Tribunal connected with fee-charging schools. While some aspects of its previous guidance need to be rewritten, most of the Commission's public benefit guidance still stands and most charities are not directly affected by the sections withdrawn. The sections affected are detailed in the press release at <http://preview.tinyurl.com/6njn2uh> and also in their interim advice on public benefit in Question and Answer form at <http://preview.tinyurl.com/856uhe8>. The Commission hopes to have new draft guidance out in March for publication in the summer.

(Source: VolResource Newsletter No. 506)

Mobile version for Charity Commission website

The Charity Commission has launched a mobile version of its website, <http://m.charitycommission.gov.uk>, making it easy, for example, for people to check charity details on their phone before making a donation. (Source: VolResource Newsletter No. 506)

Remploy launches Wales' flagship mental health support services for access to work

Remploy has launched Wales' first ever Government funded mental health in work support service. The Government contract, from the Department for Work and Pensions (DWP), is estimated at £4.8m and Remploy has been appointed to deliver all of the seven available contracts to deliver Access to Work's mental health provision, spanning England, Wales and Scotland. This new service will assist more than 1,600 people with mental health conditions to stay in employment. Access to Work advisers can be contacted via the following link on the Direct Gov website. For further information about Remploy's Access to Work Mental Health Service visit www.remploy.co.uk/employment-services/welfare-to-work/access-to-work.ashx.

Third Sector Knowledge Portal

The Third Sector Research Centre (TSRC), in partnership with the British Library and Big Lottery Fund, has launched a new online Knowledge Portal to enable greater access to research on the voluntary and community sector. The Portal was launched by TSRC at the British Library, at an event to showcase the first three years of work by the Centre: www.tsrc.ac.uk. The Portal is a growing resource that will provide access to a range of materials, including academic research, reports produced by voluntary organisations, government publications and training materials.

Trustee guide on sustainable funding

A new publication from NCVO aims to give clear guidance to trustees on financial sustainability of their charity, and for them to feel confident about developing a 'mixed economy of funding' - grants, contracts and donations but also income from trading goods and services. Download [Sustainable funding: a guide for trustees](#) (Source: VolResource Newsletter No. 506)

What works for volunteering in schools?

Released for International Volunteering Day (5 December) by the education standards body Ofsted, [Choosing to Volunteer](#) is a survey of what works best in engaging young people in volunteering within schools, colleges and in the community. (Source: VolResource Newsletter No. 504)

Wheels around the world

One of Clynfyw CIC Care Farm's new projects for 2012 is Wheels around the world. The aim of the project is to refurbish old wheelchairs and other equipment ready for export to the developing world. If you have any unwanted mobility related kit (chairs, zimmers, crutches etc) and would like it to go to a good home, please contact Jim Bowen, Clynfyw CIC Care Farm, tel 07980 290522, email jim.clynfyw@virgin.net.

End of e-briefing

Melissa Williams Awards Administrator